



**MAPP Tri-County
Behavioral Health
Subcommittee**

DATE: Monday, August 15, 2016

TIME: 9am-11am

LOCATION: Peoria City/County Health Department - LL100

AGENDA

- I. Welcome and Introductions
- II. Review Goals and Objectives
- III. Strategy Development
- IV. Next Steps

Thursday, August 25 from 9am to 11am, PCCHD



Behavioral Health Meeting Tri-County MAPP

DATE: August 15, 2016

TIME: 9:00am-11:00am

PRESENT: See sign-in sheet

Review of Goals and Objectives

The final goals and objectives were presented:

Goal 1: Improve Mental Health through prevention and access to services for the residents of the tri-county region.

Objective 1.1: Increase the proportion of adults reporting good mental health from 72% to 80% by 2019.

Objective 1.2: Reduce the suicide rate by 10% from the 11.0 deaths per 100,000 within the tri-county to 9.9 deaths per 100,000 tri-county residents.

Goal 2: Reduce Substance Abuse among tri-county residents, especially youth.

Objective 2.1: Youth Focus Objective

Objective 2.2: Reduce the rate of drug-induced deaths with the tri-county region from 16.3 per 100,000 tri-county residents to 14.7 per 100,000.

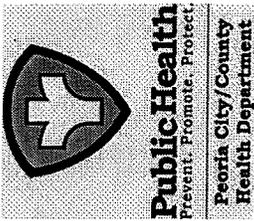
Discussion centered what data was available for youth focused objective. Data from the IL Youth Survey was presented on opinions around marijuana; specifically with changes in legalization.

Strategy Development

Mental Health strategies from the Community Guide and County Rankings were available (see attachment). Healthcare focused were identified; with more discussion around community and school-based interventions.

To keep on track, an additional meeting is scheduled for 8/25/2016.

Monica Hendrickson, Epidemiologist, Health Protection



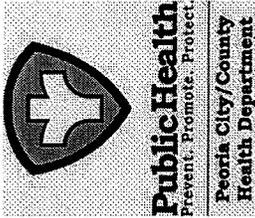
MAPP Tri-County Behavioral Health
Subcommittee CHIP Meeting

Date: 08/15/2016

Time: 9am-11am

Location: Peoria City/County Health Department, Peoria, IL

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MAPP Tri-County Behavioral Health
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Name	Organization	Contact Information
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Mental Health

GOAL: Improve Mental Health through prevention and access to services

OBJECTIVE 1: Increase # of good mental health days to XX by 2019.

OBJECTIVE 2: Decrease suicide rate to XX by 2019.

Strategy	Expected Outcomes	Other Potential Beneficial Outcomes	Impact on Disparities
Mental health benefits legislation http://www.countyhealthrankings.org/policies/mental-health-benefits-legislation http://www.thecommunityguide.org/mentalhealth/benefitslegis.html	Increased <u>access to mental health services</u> ; increased substance use disorder treatment	Improved <u>mental health</u> ; <u>reduced suicide</u>	Likely to decrease disparities
Federally qualified health centers (FQHCs) http://www.countyhealthrankings.org/policies/federally-qualified-health-centers-fqhcs	Increased <u>access to health care</u> ; Improved health outcomes	Increased continuity of care	Likely to decrease disparities
Housing rehabilitation loan & grant programs http://www.countyhealthrankings.org/policies/housing-rehabilitation-loan-grant-programs	Improved health outcomes Improved <u>mental health</u>	Increased energy efficiency Reduced hospital utilization Reduced absenteeism Improved neighborhood quality	Likely to decrease disparities
Behavioral health primary care integration http://www.countyhealthrankings.org/policies/behavioral-health-primary-care-integration	Improved <u>mental health</u> ; Increased <u>adherence to treatment</u> ; Improved quality of life; Increased patient engagement	<u>Reduced drug and alcohol use</u>	Likely to decrease disparities
Families and Schools Together (FAST) http://www.countyhealthrankings.org/policies/families-and-schools-together-fast	Improved youth behavior Improved <u>mental health</u> Improved social emotional skills	Increased school engagement Increased parental self-efficacy Improved social networks Improved family functioning	Likely to decrease disparities
Early Head Start (EHS) http://www.countyhealthrankings.org/policies/early-head-start-ehs	Improved cognitive skills Improved social emotional skills Improved family functioning	Reduced aggression Reduced stress Improved parenting Increased school readiness Increased family income Reduced hospital utilization	Likely to decrease disparities
Culturally adapted health care http://www.countyhealthrankings.org/policies/culturally-adapted-health-care	Improved health outcomes Improved health-related knowledge Improved chronic disease management	Increased patient satisfaction Reduced hospital utilization Improved quality of life	Likely to decrease disparities

		Improved <u>mental health</u> Improved adherence to treatment Increased <u>cancer screening</u> Increased <u>tobacco cessation</u> Improved dietary habits Improved weight status	
Housing First http://www.countyhealthrankings.org/policies/housing-first	Reduced homelessness Reduced hospital utilization	Improved <u>mental health</u> Improved well-being Increased <u>substance use disorder treatment</u>	Likely to decrease disparities
School-wide Positive Behavioral Interventions and Supports (Tier 1) http://www.countyhealthrankings.org/policies/school-wide-positive-behavioral-interventions-and-supports-tier-1	Improved youth behavior	Reduced bullying Improved school climate Improved social emotional skills Increased academic achievement	Likely to decrease disparities
Collaborative Care for the Management of Depressive Disorders http://www.thecommunityguide.org/mentalhealth/collab-care.html	Fewer depression symptoms Adherence to prescribed treatment Remission or recovery Improved quality-of-life and functional status Higher satisfaction with their treatment		
School-based social and emotional instruction http://www.countyhealthrankings.org/policies/school-based-social-and-emotional-instruction	Increased academic achievement Increased high school graduation Increased social emotional skills Increased school engagement Increased self-confidence Improved <u>mental health</u> Improved youth behavior	Reduced violence Reduced bullying	No impact on disparities likely
Targeted truancy interventions	Improved student attendance		
Chronic disease management programs http://www.countyhealthrankings.org/policies/chronic-disease-management-programs	Improved quality of life Improved health outcomes Improved <u>mental health</u> Reduced hospital utilization		No impact on disparities likely
Group-based parenting programs http://www.countyhealthrankings.org/policies/group-based-parenting-programs	Improved child behavior Improved <u>mental health</u> Improved parenting	Improved child development Improved parent-child interaction	No impact on disparities likely

<p>Extracurricular activities for social engagement http://www.countyhealthrankings.org/policies/extracurricular-activities-social-engagement</p>	<p>Increased self-esteem Improved youth behavior</p>	<p>Increased academic achievement Increased self-confidence Improved social skills Improved social networks</p>	<p>No impact on disparities likely</p>
<p>Prescriptions for physical activity http://www.countyhealthrankings.org/policies/prescriptions-physical-activity</p>	<p>Increased physical activity Improved physical fitness Increased mobility</p>	<p>Improved health outcomes Improved <u>mental health</u></p>	<p>No impact on disparities likely</p>

Substance Abuse

GOAL: Reduce Substance Abuse in Tri-County, especially among youth

OBJECTIVE 1: Youth perception of using. Increase never-used.

OBJECTIVE 2: Decrease drug-induced deaths by xx by 2019.

Strategy

Strategy	Expected Outcomes:	Other Potential Beneficial Outcomes	Impact on Disparities
Mental health benefits legislation	Increased <u>access to mental health services</u> ; increased substance use disorder treatment	Improved <u>mental health</u> ; <u>reduced suicide</u>	Likely to decrease disparities
Mass media campaigns against underage & binge drinking http://www.countyhealthrankings.org/policies/mass-media-campaigns-against-underage-binge-drinking	Reduced underage drinking Reduced excessive drinking	Increased adult awareness of underage drinking	Likely to decrease disparities
Housing First http://www.countyhealthrankings.org/policies/housing-first	Reduced homelessness Reduced hospital utilization	Improved <u>mental health</u> Improved well-being Increased <u>substance use disorder treatment</u>	Likely to decrease disparities
Behavioral health primary care integration http://www.countyhealthrankings.org/policies/behavioral-health-primary-care-integration	Improved <u>mental health</u> : Increased <u>adherence to treatment</u> ; Improved quality of life; Increased patient engagement	<u>Reduced drug and alcohol use</u>	Likely to decrease disparities
Behavioral health primary care integration http://www.countyhealthrankings.org/policies/behavioral-health-primary-care-integration	Improved <u>mental health</u> : Increased <u>adherence to treatment</u> ; Improved quality of life; Increased patient engagement	<u>Reduced drug and alcohol use</u>	Likely to decrease disparities

<p>Telemedicine http://www.countyhealthrankings.org/policies/telemedicine</p>	<p>Increased access to care</p>	<p>Improved mental health Reduced mortality Increased medication adherence</p>	<p>Likely to decrease disparities</p>
<p>Outdoor experiential education & wilderness therapy</p>	<p>Increased self-esteem Increased self-concept</p>	<p>Improved <u>mental health</u> Reduced recidivism Increased academic achievement Improved physical fitness Improved family functioning Improved social skills <u>Reduced substance abuse</u></p>	
<p>Functional Family Therapy (FFT) http://www.countyhealthrankings.org/policies/functional-family-therapy-fft</p>	<p>Reduced recidivism</p>	<p>Reduced substance abuse Reduced delinquent behavior Reduced violence Improved family functioning</p>	<p>No impact on disparities likely</p>
<p>Family treatment drug courts http://www.countyhealthrankings.org/policies/family-treatment-drug-courts</p>	<p>Increased family reunification Increased substance use disorder treatment</p>		<p>No impact on disparities likely</p>
<p>Drug courts http://www.countyhealthrankings.org/policies/drug-courts</p>	<p>Reduced recidivism Reduced drug use</p>	<p>Reduced incarceration</p>	<p>No impact on disparities likely</p>
<p>Targeted truancy interventions http://www.countyhealthrankings.org/policies/targeted-truancy-interventions</p>	<p>Improved student attendance</p>		<p>No impact on disparities likely</p>
<p>Outdoor experiential education & wilderness therapy http://www.countyhealthrankings.org/policies/outdoor-experiential-education-wilderness-therapy</p>	<p>Increased self-esteem Increased self-concept</p>	<p>Improved mental health Reduced recidivism Increased academic achievement Improved physical fitness Improved family functioning Improved social skills Reduced <u>substance abuse</u></p>	<p>No impact on disparities likely</p>